



## Upper Key Stage 2

Where parents wish to bring themselves up to speed with the online resources we use for PSHE, please find below a list websites. These websites cover both sites which will be used within lessons as well as some which are of particular reference to parents.

### Drug Education

[www.youtube.com/watch?v=0-8TBceaO5Q](https://www.youtube.com/watch?v=0-8TBceaO5Q)

### Exploring Emotions

[www.elsa-support.co.uk/wp-content/uploads/WHAT-IF-SCENARIO-CARDS.docx.pdf](https://www.elsa-support.co.uk/wp-content/uploads/WHAT-IF-SCENARIO-CARDS.docx.pdf)

<https://www.annafreud.org/schools-and-colleges/resources/>

### Being Healthy

<https://www.derbyshire.gov.uk/site-elements/documents/pdf/social-health/health-and-wellbeing/mental-health-and-wellbeing/young-peoples-mental-health/five-ways-to-wellbeing/5-ways-to-wellbeing-school-planner.pdf>

<https://www.elsa-support.co.uk/anxiety-scale/>

<https://www.youtube.com/watch?v=MZErwDDp2ak>

### Growing Up

[https://www.abovethewaist.org/sites/default/files/6th\\_pondering\\_puberty.pdf](https://www.abovethewaist.org/sites/default/files/6th_pondering_puberty.pdf)

<https://www.loudmouth.co.uk/storage/app/uploads/public/591/9ac/e51/5919ace515fa6309994748.pdf>

<https://www.fpa.org.uk/relationships-and-sex-education/for-parents/>

<https://www.babycentre.co.uk/pregnancy-week-by-week>

<https://www.dove.com/ca/en/dove-self-esteem-project/school-workshops-on-body-image-confident-me.html>

## **Bullying Matters**

<https://www.youtube.com/watch?v=cEr3ELfFzxE>

<https://anti-bullyingalliance.org.uk/>

<https://www.youtube.com/watch?v=2REkk9SCRn0>

[https://endlessvideo.com/watch?v=bdQBurXQOeQ&utm\\_source=safeshare.tv&utm\\_medium=download&utm\\_campaign=safeshare-download](https://endlessvideo.com/watch?v=bdQBurXQOeQ&utm_source=safeshare.tv&utm_medium=download&utm_campaign=safeshare-download)

<https://1q7dqy2unor827bqjls0c4rn-wpengine.netdna-ssl.com/wp-content/uploads/2016/02/10.-Year-Four-Examining-Violence-Excuses-and-Responsibility.pdf>

## **Being Me**

<https://www.bbc.co.uk/teach/class-clips-video/lizard-girl/zfyqhbk>

<https://www.bbc.co.uk/newsround/15655232>

## **Difference and Diversity**

[http://thelinkingnetwork.org.uk/wp-content/uploads/2017/02/16-Lesson\\_5\\_Identity\\_Cards\\_Text.pdf](http://thelinkingnetwork.org.uk/wp-content/uploads/2017/02/16-Lesson_5_Identity_Cards_Text.pdf)

<https://www.youtube.com/watch?v=ngiK1gQKgK8>

<https://www.stonewall.org.uk/>

<https://www.bbc.co.uk/programmes/p00tt2h4>

<https://refugeeweek.org.uk/resources/facts-figures-and-contributions/famous-refugees/>

## **Being Responsible**

[https://www.youtube.com/watch?v=x9\\_IvXFEyJo](https://www.youtube.com/watch?v=x9_IvXFEyJo)

<https://www.amnesty.org.uk/resources/book-activities-we-are-all-born-free>

<https://www.amnesty.org.uk/universal-declaration-human-rights-pictures>

[https://www.unicef.org/rights-respecting-schools/wp-content/uploads/sites/4/2016/09/primary\\_assemblies\\_unicef.pdf](https://www.unicef.org/rights-respecting-schools/wp-content/uploads/sites/4/2016/09/primary_assemblies_unicef.pdf)

<https://www.amnesty.org.uk/files/book - right here right now 0.pdf>

[https://www.youtube.com/watch?v=ex\\_xxMptomI](https://www.youtube.com/watch?v=ex_xxMptomI)

<https://www.oxfam.org.uk/education/classroom-resources/childrens-rights-develop-english-skills-8-11-year-olds/>

## **Being Safe**

<https://www.think.gov.uk/>

<https://www.childnet.com/resources/pshe-toolkit/crossing-the-line/self-esteem/talking-heads>

<https://www.childnet.com/resources/trust-me>

<https://www.thinkuknow.co.uk/professionals/resources/live-streaming/>

<https://www.childnet.com/resources/only-a-game>

## **Money Matters**

<https://www.bankofengland.co.uk/banknotes/polymer-10-pound-note>

<https://www.young-enterprise.org.uk/>

<https://schools.fairtrade.org.uk/teaching-resources/football/>

[https://www.stem.org.uk/system/files/elibrary-resources/2017/09/A4%20employability%20fold%20out\\_Interactive\\_v4.pdf](https://www.stem.org.uk/system/files/elibrary-resources/2017/09/A4%20employability%20fold%20out_Interactive_v4.pdf)

<http://www.readyunlimited.com/wp-content/uploads/2015/09/13-Skills-Enterprise-Wheel-2015.pdf>