



Lower Key Stage 2

Where parents wish to bring themselves up to speed with the online resources we use for PSHE, please find below a list websites. These websites cover both sites which will be used within lessons as well as some which are of particular reference to parents.

Being Healthy

<https://www.gov.uk/government/publications/the-eatwell-guide>

<https://www.foodafactoflife.org.uk/>

http://www.dchs.nhs.uk/your_health_useful_info/cyph/cyph_resources_and_support_materials/cyph_healthy_eating

<https://www.stem.org.uk/elibrary/resource/36321>

<https://www.nhs.uk/10-minute-shake-up/shake-ups#fcTh73kjqkaSKjV2.97>

<https://www.youtube.com/watch?v=kDWH3N3k1Uc>

<https://www.elsa-support.co.uk/category/free-resources/>

<https://www.derbyshire.gov.uk/site-elements/documents/pdf/social-health/health-and-wellbeing/mental-health-and-wellbeing/young-peoples-mental-health/five-ways-to-wellbeing/5-ways-to-wellbeing-school-planner.pdf>

Growing Up

https://www.stem.org.uk/system/files/elibrary-resources/2017/09/A4%20employability%20fold%20out_Interactive_v4.pdf

<https://www.fpa.org.uk/relationships-and-sex-education/for-parents/>

Bullying Matters

<https://www.literacyshed.com/for-the-birds.html>

<https://www.youtube.com/watch?v=PGxmschhkNg>

Being Me

http://thelinkingnetwork.org.uk/wp-content/uploads/2017/02/14-Lesson_5_Identity_Questions.pdf

<https://www.bbc.co.uk/teach/class-clips-video/a-career-as-a-fashion-stylist/zjp347h>

Difference and Diversity

<https://www.equalityhumanrights.com/en/primary-education-resources/lesson-activity-ideas/learning-area-2-challenging-stereotypes-and>

<https://www.youtube.com/watch?v=WjoDEQgyTig>

<https://www.hmd.org.uk/resource/racism-by-rose-young-aged-8/>

Being Responsible

http://www.e-activist.com/ea-campaign/action.retrievefile.do?ea_fileid=14113

<https://www.theguardian.com/childrens-books-site/gallery/2015/jan/30/human-rights-in-pictures-we-are-all-born-free-amnesty#img-12>

Being Safe

<https://www.think.gov.uk/>

<https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>

<https://www.childnet.com/resources/the-adventures-of-kara-winston-and-the-smart-crew/chapter3>

<https://www.thinkuknow.co.uk/>

Relationships

<https://www.bbc.co.uk/teach/class-clips-video/whats-fair/zh98qp3>

<https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>

Money Matters

<https://nrich.maths.org/2587>

<https://www.young-enterprise.org.uk/>

<https://www.bankofengland.co.uk/banknotes/polymer-10-pound-note>

<http://www.readyunlimited.com/wp-content/uploads/2015/09/13-Skills-Enterprise-Wheel-2015.pdf>

<https://www.valuesmoneyandme.co.uk/teachers/costing-the-earth-ks1-ks2>

<https://www.wateraid.org/uk/>