

Relationships and Sex Education (RSE) within the PSHE Curriculum Summary



Year Group	Summary of coverage/skills
EYFS	<p>Making relationships – getting to know you games, turn taking, circle time.</p> <p>Self confidence and self awareness – school life, school tour, dinnertime, assemblies, classroom. Managing feelings and behaviour – following instructions with tasks, classroom rules and routines, school rules and routines, leaving parents, being kind to each other.</p> <p>Making relationships – role play with fairy tales, asking for help, turn taking.</p> <p>Self confidence and self awareness – responsibility carrying out set tasks, turn taking and shows interests- what do you want to learn about in this topic?</p> <p>Managing feelings and behaviour – following instructions with tasks i.e baking, arts and design activities, games.</p> <p>Making relationships – space hide and seek, race to the moon, role play.</p> <p>Self confidence and self awareness – responsibility carrying out set tasks, turn taking and shows interests- what do you want to learn about in this topic?</p> <p>Managing feelings and behaviour – following instructions with tasks i.e baking, arts and design activities, sports games.</p> <p>Making relationships – role play with farmyard- being different animals.</p> <p>Self confidence and self awareness – responsibility carrying out set tasks, turn taking and shows interests- what do you want to learn about in this topic?</p> <p>Managing feelings and behaviour – following instructions with tasks i.e baking, arts and design activities, farmyard games.</p> <p>Making relationships – role play with pirate ship and indoor area, costumes.</p> <p>Self confidence and self awareness – responsibility carrying out set tasks, turn taking and shows interests- what do you want to learn about in this topic?</p> <p>Managing feelings and behaviour – following instructions with tasks i.e baking, arts and design activities, pirate games.</p> <p>Making relationships – role play, different dinosaurs, masks and costumes.</p> <p>Self confidence and self awareness – responsibility carrying out set tasks, turn taking and shows interests- what do you want to learn about in this topic?</p> <p>Managing feelings and behaviour – following instructions with tasks i.e baking, arts and design activities, forest school.</p>
1	<p>Exploring Emotions - Recognising a range of feelings in ourselves and other people Recognising how others show feelings and how to respond Recognising that their behaviour can affect others</p> <p>Growing up – Identifying similarities and differences What physical contact is acceptable</p> <p>Bullying Matters – Recognising their behaviour can affect others Listening to others and working cooperatively Identifying that people’s bodies can hurt</p>
2	<p>Recognising when people are being unkind to them or others, who to tell and what to say Identifying different types of teasing and bullying, to identify that these are wrong and unacceptable Identifying strategies to resist teasing/bullying if experienced or witnessed</p> <p>Being Me – Offer constructive support to others Identify what makes them special</p>

	<p>Difference and diversity – Sharing opinions on things that matter using discussions Identifying and respecting the differences and similarities between people</p> <p>Being Responsible – Recognise what is fair/unfair, right/wrong, kind/unkind</p> <p>Relationships – Recognising our behaviour can affect others Recognise what is fair/unfair, right/wrong, kind/unkind Listen to other people and play and work cooperatively (including</p>
3	<p>Exploring Emotions – Recognising a wide range of emotions in themselves and others Responding appropriately to a range of emotions in themselves and others Understanding their actions affect themselves and others Developing strategies to resolve disputes Identifying strategies to manage emotions</p> <p>Growing Up – Learning about differences and similarities between people, but understand everyone is equal Learning about the difference between acceptable and unacceptable physical contact Knowing the names of the body parts Recognising and challenging stereotypes</p> <p>Bullying Matters - Understanding their actions affect themselves and others Identifying the importance of working towards shared goals Developing strategies for getting support for themselves or for others at risk Identifying that differences and similarities arise from a number of factors Understanding the nature and consequences of discrimination and aggressive behaviour Knowing how to recognise bullying and abuse in all its forms</p>
4	<p>Being Me – Listen and respond respectfully Identifying that differences and similarities arise from a number of factors</p> <p>Difference and Diversity – Identifying how to listen and respond respectfully to a wide range of people Recognising the differences and similarities between people but understand everyone is equal Recognising the nature and consequences of discrimination Recognising and challenging stereotypes</p> <p>Relationships –Recognising what constitutes a healthy relationship and develop the skills to form positive and healthy relationships Recognising ways in which a relationship can be unhealthy and whom to talk to if they need support Recognising different types of relationship Understanding that actions affect themselves and others Understanding when it is right to break a confidence or share a secret Listening and responding respectfully Understanding personal boundaries</p>

5	<p>Exploring Emotions – Recognising a wider range of feelings in others and how to respond appropriately Recognising that their actions can affect themselves and others</p> <p>Growing Up – Identifying qualities of a healthy relationship Learning about committed loving relationships</p> <p>Learning about differences and similarities between people but understand everyone is equal</p> <p>Bullying Matters – Understanding that their actions affect themselves and others Developing strategies for getting support for themselves or others at risk Identifying that differences and similarities arise from a number of factors</p> <p>Understanding the nature and consequences of discrimination, teasing, bullying and aggressive behaviour Knowing how to recognise bullying and abuse in all its forms</p> <p>Being Me - Identifying that differences and similarities arise from a number of factors</p> <p>Difference and Diversity – Identifying how to listen and respond respectfully to a wide range of people Recognising the factors that make people the same or different Recognising the nature and consequences of discrimination Recognising and challenging stereotypes</p> <p>Understanding the correct use of terms sex, gender identity and sexual orientation</p> <p>Relationships – Recognising what a healthy relationship is Recognising ways in which a relationship can be unhealthy and whom to talk to if they need support Recognising different types of relationship, including those acquaintances, friends, relatives and families Understanding the true meaning behind civil partnerships and marriage Resolving conflicts Recognising that forcing anyone to marry is a crime</p> <p>Understanding about confidentiality and about times when it is necessary to break a confidence</p>
6	<p>Money Matters – Recognising and managing dares</p>