

History

- Write the similarities and differences between police officers uniforms over the last 100 years.
- Make a list of the equipment that Mary Seacole might have carried in her bag.
- Find out five facts about Stephen Hawking and use them in a Fact File about him.

Geography

- Choose one of the cities in the UK, locate it on a map and find out something that makes that city super.
- Create a superhero that has a superpower linked with the weather and think about how they could use this to help people.

PE

- Play 'Fireman Simon Says' with the people at home and see if you can follow the correct instructions when the speed increases.
- Create a sequence of moves pretending that you are a firefighter dodging flames and climbing up ladders to put out fires.

PSHE

- Discuss the people who help us every day. Write down three ways that you can help people this week.
- Research what a 'balanced diet' is. Use what you find out to write a list of ingredients you would need to make a healthy lunch for yourself.

Ready, Cape, Go! (People who help us) Remote Learning Autumn 2020

Music

- Think about what objects you have in your house that your teacher might also find in the classroom. Can you use some of these objects to make a sound and play them along to your favourite song. Try to keep in time with the beat.
- Write a short song or poem about the job you would like to do when you are older.

ICT

- Watch the video [:https://www.bbc.co.uk/bitesize/clips/zxfy4wx](https://www.bbc.co.uk/bitesize/clips/zxfy4wx) Can you write down who helped Tess when she was hurt on the mountain and how they were contacted?
- Complete the RNLi Water Safety Passport <https://rnli.org/youth-education/education-resources/lower-primary/water-safety-passport-1>

D&T

- Reuse plastic and cardboard from your recycling boxes at home to make an emergency vehicle.
- Design a write a menu for your school kitchen.
- Use construction to build a hospital. Can you think about how many rooms your hospital would need? What would they be used for?

Art

- Design a new uniform for a nurse or doctor and label it.
- Use the primary colours to paint a picture of a fire engine and an ambulance. Can you then use the primary colours to make the secondary colour blue to paint a police car?
- Create and write a 'Thank You' card and give it to somebody who helps you.

RE

- Watch this video clip about the first Christmas <https://www.bbc.co.uk/bitesize/clip/s/zntfgk7> Write down What special present(s) you would give to baby Jesus and explain why.
- Read the article and write down the similarities and differences between Christian's celebration of Christmas and Muslims celebration of Eid al-Fitr <https://www.bbc.co.uk/bitesize/articles/z4cmknn>